2018 Ongoing Training Erie County

**January 6, 2018 *APPROVED BY RTC /CONFIRMED W/ TRAINER 1-23-17***

(925-137 ETRACK #) CONFIRMED WITH RTC 2/16/17

Health Department

420 Superior St

Sandusky, OH 44870

TIME: 9 to 4pm

TRAINER: John Ward

***When arriving at the Health Department, drive to the end of Superior to park and enter through the delivery door.***

**(CW 6 hr) Effective Ways to Help Parents and Caregivers Manage Children with Defiant Behaviors: Staying on Your Toes**

Children with defiant behaviors frequently challenge their foster caregivers and social workers, and they often don't respond to typical parenting techniques. You will learn step-by-step techniques and fail-proof consequences that work even with children who resist authority and have explosive behaviors. You will learn practical methods on how to teach children to be accountable for their behaviors and how to implement effective child behavior management strategies. Participants who have children with defiant behaviors will benefit most from this training.

*This workshop is CSWMFT Board approved for Social Work and Counselor CEUs.*

 **Competencies addressed:**

304-01-004, 304-02-006, 305-01-005, 305-02-005, 322-01-007, 322-01-016

**February 24, 2018** ***APPROVED BY RTC /CONFIRMED W/ TRAINER 1-23-17***

(923-31 ETRACK #) CONFIRMED WITH RTC 2/16/17

Health Department

420 Superior St

Sandusky, OH 44870

TIME: 9 to 12

TRAINER: Jody Pawel

***When arriving to the Health Department, drive to the end of Superior to park and enter through the delivery door.***

**(FC 3 hr) I'm Lovable, and I Like Myself: Twenty Tips for Building Self-Esteem**

This informative workshop uses fun games and activities to teach foster parents at least twenty practical language and action skills for building children's self-esteem. Parents learn the difference between praise and encouragement, and how to build self-esteem without creating "praise junkies" or egotistical, self-centered children. These techniques also increase children's confidence and resistance to peer pressure, and can prevent and diffuse sibling rivalry and competition.

*This workshop is CSWMFT Board approved for Social Work and Counselor CEUs*.

Competencies addressed:

928-02-004, 927-02-005, 949-01-003, 923-03-007, 923-03-008

**Lunch break**

SEE NEXT PAGE FOR AFTERNOON SESSION INFORMATION

***When arriving at the Health Department, drive to the end of Superior to park and enter through the delivery door.***

925-116 ETRACK #

Health Department

420 Superior St

Sandusky, OH 44870

TIME: 1 to 4

TRAINER: Jody Pawel

**(FC 3 hr) Get Cooperation without Squeezing the Juice Out of Kids**

Learn the top ten most effective and practical language and action tools for fostering internal motivation, building self-esteem, getting cooperation, and teaching children tasks, behaviors, values and self-responsibility. Get short-term results and long-term benefits - without stickers or bribes - while defusing or *avoiding* power struggles and tantrums.

*This workshop is CSWMFT Board approved for social work and counselor CEUs*.

**Competencies addressed:**

925-03-001, 925-03-002, 925-03-004

**March 22, 2018** SENT TO RTC 1-24-17 / COFIRMED W/TRAINER 1-23-17

(925-1 ETRACK) CONFIRMED WITH RTC 2/16/17

ECDJFS

221 W. Parish St

Sandusky, OH 44870

TIME: 5 to 8

TRAINER: Brain Lowery

***Agency doors lock at 4:30pm, please wait outside the front entrance and staff will let you in the building.***

(FC 3 hr) Behavior Management I: Managing Surface Behaviors with Acting-Out Children

This program explores major pre-placement dynamics, including separation, and how these dynamics influence behavior. It also gives substitute caregivers a model for structuring a supportive and therapeutic setting for behaviorally challenged children. Further, it reviews fundamental social learning theory, and finally, examines 10 tried-and-true techniques for handling surface behaviors and the application of these techniques in a culturally sensitive milieu.

*This workshop is CSWMFT Board approved for Social Work and Counselor CEUs.*

Competencies addressed:

 925-01-001, 925-02-009, 925-03-002, 925-03-003

April 21, 2018 SENT TO RTC 1/24/17 / CONFIRMED W/ TRAINER 1-23-17

(995-44 ETRACK #) CONFIRMED WITH RTC 2/16/17

Health Department

420 Superior St

Sandusky, OH 44870

TIME: 9:00am -4:00 pm

TRAINER: Gene Smiley

***When arriving to the Health Department, drive to the end of Superior to park and enter through the delivery door.***

(FC 6 hr) Oppositional Behaviors: A Look at ADD/ADHD, ODD, and other Defiant...

This workshop underscores the importance of labeling behaviors and certain personality characteristics - not the child. Participants will understand how some oppositional behaviors in childhood can be attributed to parenting style, family and life circumstances, or core temperaments, while other more clinically significant oppositional behaviors may be related to diagnosable conditions rooted more in the child’s biology or genetics. Participants will explore the origin of behavior in children and come to a better understanding of why children oppose boundaries, rules, and authority. Oppositional behaviors are best managed with timely and skilled interventions; and the earlier, the better. The sometimes controversial issue of medication versus no medication for behavior issues will be discussed. Participants will become more aware of interventional approaches, goals, and effective resources for helping children become more responsible and more accountable for their own behavior.

*This workshop is CSWMFT Board approved for Social Work and Counselor CEUs.*

Competencies addressed:

925-01-001, 995-01-001, 925-01-005, 995-01-004, 925-03-002, 995-02-005

May 16, 2018 SENT TO RTC 2/16/17 / CONFIRMED W/ TRAINER 2-16-17

ECDJFS CONFIRMED WITH RTC 2/16/17

221 W. Parish St

Sandusky, OH 44870

Trainer: Stacy Simera

TIME: 5:00 pm to 8:00 pm

**(FC 3 hr) Anxiety Disorders among Children and Adolescents: Recognition and Interventions**

The purpose of this course is to educate caregivers on the diagnosis and treatment of child and adolescent anxiety disorders. Primary focus will be on Diagnostic and Statistical Manual of Mental Disorders-Fifth Edition (DSM-V) diagnostic criteria and evidence-based treatment practices.

***This workshop is CSWMFT Board approved for Social Work and Counselor CEUs.***

**Competencies addressed:**

995-01-001, 995-01-005, 995-02-011, 995-03-002, 995-01-004, 995-02-008, 995-03-001

June 2, 2018 SENT TO RTC 1/24/17 / CONFIRMED W/ TRAINER 1-23-17

(925-68 ETRACK #) CONFIRMED WITH RTC 2/16/17

Health Department

420 Superior St

Sandusky, OH 44870

TIME: 9:00 am to 4:00 pm

TRAINER: John Ward

***When arriving to the Health Department, drive to the end of Superior to park and enter through the delivery door.***

(FC 6 hr) Two Weeks to a Less Defiant Child

Participants will learn how to regain control over defiant children or teens, including those with Oppositional Defiant Disorder. We will discuss the causes of defiance in kids and how their behavior can be transformed without resorting to yelling. Participants will also learn: how to avoid power struggles, dependable discipline tactics, successful communication (with no yelling), how to overcome stubborn obstacles, how to reinforce the positive changes in your child, and last but not least, how to reduce defiance for the long run.

*This workshop is CSWMFT Board approved for Social Work and Counselor CEUs.*

Competencies addressed:

925-01-001, 925-01-004, 925-01-009, 925-02-001, 925-02-003, 925-02-008, 925-02-009, 925-03-001, 925-03-003, 925-03-006, 925-03-008, 925-03-002

July 2018 – in house training

August 18, 2018 Emailed Training 3-9-17 / Confirmed with trainer 3-16-17

(925-139 ETRACK #) QTR submitted to RTC 3-16-17 / Date change accepted 3-23-17

Health Department

420 Superior St

Sandusky, OH 4870

TIME: 9:00 am to 4:00 pm

TRAINER: Anthony President

***When arriving to the Health Department, drive to the end of Superior to park and enter through the delivery door.***

(FC 6 hr) Trauma-Informed Discipline: What Caregivers Need to Know

The trauma experience for children who have survived maltreatment, deprivation, and witnessing family violence can bring about a number of challenging behaviors. The caregivers in these children's lives must understand the dynamics of healing from trauma and how to use behaviors as an opportunity to learn how to help the healing process. This workshop deals with methods to use challenging behaviors as an assessment and engagement tool with children and teens. We will discuss strategies on how the process of engagement can lead to connections by which caregivers can help youth to gain control of overwhelming emotions and ultimately the challenging behaviors.

*This workshop is CSWMFT Board approved for Counselor and Social Work CEUs.*

 Competencies addressed:

 925-01-008, 925-02-007, 925-02-008, 925-03-001, 991-01-001, 991-01-002, 991-01-003, 991-01-004, 991-01-005

September 18, 2018 CONFIRMED with trainer /Sent to RTC 3-15-17

(995-48 ETRACK) RTC approved 3-15-17

ECDJFS

221 W. Parish St

Sandusky, OH 44870

TIME: 5:00 pm to 8:00 pm

TRAINER: Katie Terry

***Agency doors lock at 4:30pm, please wait outside the front entrance and staff will let you in the building.***

(FC 3 hr) Toolbox for Change: Advocating for Children with Mental Health Concern

This three-hour training session highlights ways to effectively advocate for a child with mental health issues, and how to collaborate with mental health professionals to best care for the child and manage his/her psychotropic medications. The workshop highlights issues involved with assessment and treatment of various mental health disorders for children and teenagers, as well as the foster parent's crucial role in documentation.

*This workshop is CSWMFT Board approved for Social Work and Counselor CEUs.*

Competencies addressed:

995-01-001, 995-01-004, 995-01-005, 995-01-006, 995-01-007

October 2018

ECDJFS Emailed trainer 3-9-17 waiting for him to get his calendar

Brian Bethel

**(FC 3 hr) Going to Extremes: An Overview of Childhood Bipolar Disorders**

Childhood bipolar disorder has become a common diagnosis for children in the child welfare system. Unlike normal mood changes, childhood bipolar disorder significantly impairs a child's functioning. However, bipolar disorder is difficult to recognize and diagnose in youth, as it does not fit precisely with the symptoms and criteria established for adults. Likewise, many children diagnosed with bipolar disorder often have co-morbid diagnoses which further complicate treatment strategies. Effective treatment depends on the appropriate diagnosis of bipolar disorder in children and adolescents. This workshop will provide to participants an overview of the diagnosis and treatment options of childhood bipolar disorder. A review of the symptoms and diagnostic criteria will be discussed, as well as the various risk factors associated with the illness. Additionally, participants will be offered the most recent data regarding the treatment of mood disorders. Participants will be provided with practical information that will enable them to more accurately identify potential signs of mood disorders.

***This workshop is CSWMFT Board approved for Social Work and Counselor CEUs*.**

**Competencies addressed:**

995-01-001, 995-01-002, 995-01-003, 995-01-004, 995-01-005, 995-01-006, 995-03-001, 995-02-001, 995-03-004

November 2018

(988-16 ETRACK #) EMAILED trainer 3-15-17 waiting for him to get his calendar

ECDJFS

221 W. Parish St

Sandusky, OH 44870

TIME: 5:00 pm to 8:00 pm

TRAINER: Brian Bethel

***Agency doors lock at 4:30pm, please wait outside the front entrance and staff will let you in the building.***

(FC 3 hr) It's Not the Brady Bunch: Family Effects of Addiction

State child welfare records indicate that substance abuse is one of the top problems exhibited by families referred to their agencies. It is estimated that 6.6 million children in the United States are living in a home with a parent who has alcohol or drug issues. These children confront numerous physical, mental, and emotional health problems as a result of a parental addictive pattern. Each family member plays an integral role in the addictive family pattern.

This three-hour workshop will address the various psychological and behavioral problems that children from addictive families may exhibit. Participants will be provided with the behavioral characteristics of addictive homes, personality roles of the addictive family, and interventions for working with children from addictive homes.

 *This workshop is CSWMFT Board approved for Social Work and Counselor CEUs.*

Competencies addressed:

925-01-003, 925-01-007, 925-01-008, 925-02-009, 925-02-010, 925-02-011, 988-01-001, 988-01-002, 988-01-003, 988-01-004, 988-01-005, 988-01-006, 988-01-007, 988-01-008

Dec 4, 2018 SENT TO RTC 1-24-17 / CONFIRMED 1-23-17

994-2 ETRACK # Approved RTC 2/16/17

ECDJFS

221 W. Parish St

Sandusky, OH 44870

TIME: 5 TO 8PM

TRAINER: Brian Lowery

***Agency doors lock at 4:30pm, please wait outside the front entrance and staff will let you in the building.***

**(FC 3 hr) Educational Advocacy: Helping Your Child to be Successful in School**

As sure as parents and caregivers are children's most important teachers, children's ideas about education and its significance begin there, as well. Therefore, foster parents have a responsibility to participate actively in their children's education. This class will offer caregivers an opportunity to enhance their own skills in assisting children in their academic pursuits. This course also serves as a basic introduction to understanding special education and surrogate parenting.

***This workshop is CSWMFT Board approved for Social Work and Counselor CEUs.***

**Competencies addressed:**

994-01-001, 994-03-005, 994-04-001, 994-04-005, 994-01-003, 994-02-007, 994-04-003, 994-04-006, 994-03-004, 994-02-003, 994-04-004, 994-04-007